

The Yin and Yang of Food

The Concept of Yin and Yang can also apply to your food. With food, Yin would be the milder flavors while Yang would be the bolder flavors. Chinese recipes already take advantage of this type of Feng Shui balance. Sweet and sour, hot and sour, and strong flavored dishes paired with plain rice are all examples of Yin / Yang balanced foods. Yin and Yang can also be used to explain the appeal of dishes featuring a mixture of soft or delicate foods with crunchy or crisp foods.

Rice - Noodles - Chopsuey

Mee Hoon	365
Soft rice noodles sauteed with shredded vegetables, meat of your choice	
Soft Fried Noodles	325
Soft noodles sauteed with shredded vegetables, meat of your choice	
Kway Teow	325
Soft flat noodles sauteed with shredded vegetables, meat of your choice	
Singapore Noodles	325
Soft noodles with shredded vegetables sauteed with sweet and spicy sauce, with the meat of your choice	
Hakka Noodles	325
Semi panfried noodles stired with vegetable and soya with the choice of your meat	
Chow Mein	325
Fresh shredded vegetables and meat of your choice cooked in white soya sauce and served on pan-fried noodles	
Mai Mein	425
Pan fried noodles topped with chicken/prawns	
Dynasty Special Mai Mein	495
Steamed ribbon noodles topped with seafood sauce	
Chinese Chopsuey	425
Golden fried noodles topped with sliced vegetables and meat of your choice	
American Chopsuey	425
Golden fried noodles topped with shredded vegetables and meat of your choice in tomato base sauce	
Dynasty Combo Rice	425
Steamed rice topped with your choice of meat	
Dynasty Fried Rice	325
Fluffy rice sauteed with diced vegetables and meat of your choice	
Singapore Fried Rice	325
Fluffy rice with diced vegetables, meat of your choice, sauteed with sweet and spicy sauce	
Thai Chicken Curry (Steamed Rice)	425
Sliced chicken cooked with coconut milk, lemon flavoured curry masala served with white rice	

Sea Food

Prawn Crabmeat Sauce	600
Fresh prawns sauteed with special crabmeat sauce	
Prawn Pepper Salt, Chilli	600
Fresh prawns sauteed with pepper, onion, red chilli or green chilli	
Prawn Garlic / Hot Garlic / Sweet Sour	600
White prawns seasoned with garlic / tomato or sweet & sour sauce	
Prawn Satay 'Q'	600
Skewered prawns cooked in special sauce	
Prawn Black Bean Sauce	600
Fresh prawns cooked in preserved home made black bean sauce	
Volcano Prawns	600
White prawns braised in spicy sauce, served with egg white sauce	
Fish of your Choice	600
Diced fish cooked in chilli / garlic / ginger / sweet & sour / oyster / Szechwan sauce	
Roasted Chilli Fish	600
Diced fish cooked in celery leaves and home made spices	
Spicy Black Beans Fish	600
Diced fish tossed with chinese black beans and chillies	
Phuket Fish	600
Deep fried fish fillet sauteed with spicy sauce	
Crab Garlic / Chilli / Singapore Sauce	530
Fresh crab deep fried and sauteed with garlic / chilli sauce	
Pu Cha (Stuffed Crab)	540
Crab meat, minced prawns cooked in Chinese sauce, stuffed in a crab shell and baked	

Poultry

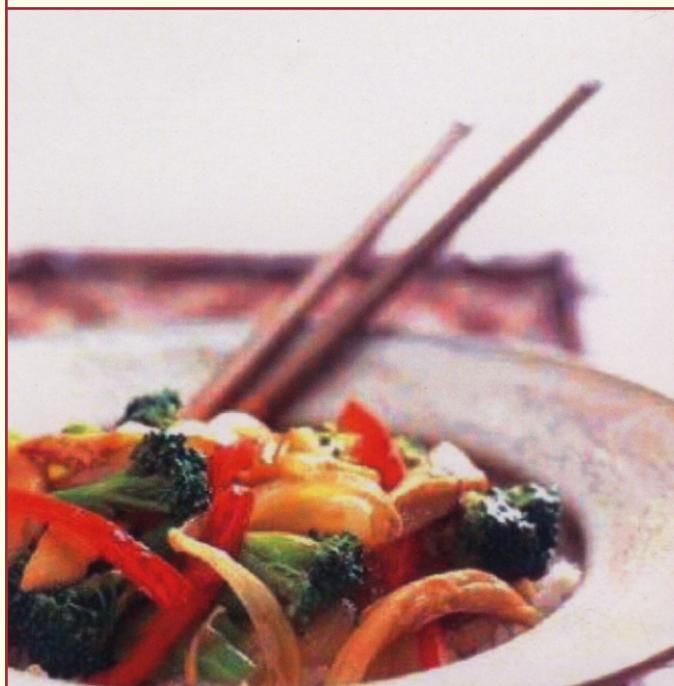
Chicken Oyster Sauce	365
Diced chicken cooked in authentic oyster sauce	
Chicken Lemon Sauce	365
Sliced chicken coated with cashew nuts, deep fried and topped with lemon sauce	
Chicken/Chilli/Ginger/Garlic/Sweet & Sour	365
Diced Chicken cooked in the sauce of your choice	
Chicken Pepper Onion/Szechwan/Manchurian	365
Diced chicken deep fried, sauteed with pepper & onion or red / green chilli	
Cantonese Roast Chicken	370
Roasted & deboned chicken, topped with authentic chinese soya sauce	
Chicken Home Style	370
Diced chicken cooked with veg/mushroom/B.shoot in white sauce	
Volcano Chicken	370
Diced chicken braised in spicy sauce, served with egg white	
Chicken Cantonese	365
Diced chicken cooked in minced chicken cantonese sauce	
Chicken Black Bean / Hot Black Bean Sauce	365
Diced chicken cooked in preserved home made black bean sauce / red chilli flake	

Beef, Pork and Lamb

Beef Bell Pepper / Celery Sliced beef braised with garlic, capsicum and onion or chopped celery	355
Minced Beef with Tofu Minced beef fried and cooked with fresh tofu	355
Shredded Beef Ginger Onion / Capsicum Shredded beef cooked in soya sauce, ginger and onion or capsicum	355
Chilli Beef Sliced beef, fried and sauteed with green or red chillies	355
Sliced Pork Chilli / Ginger / Sweet & Sour Sliced pork, fried and braised with chillies or your choice of sauce	350
Cha Sui Roasted pork sauteed with honey and Chinese spices	385
Roast Pork Pepper Onion / Chillies Sliced roast pork quick fried and Sauteed with pepper, onion or chillies	385
Pork Phak Choy Sliced pork fried and cooked with Chinese cabbage in chef's sauce	350
Mince Pork with Tofu Minced pork fried and cooked with fresh tofu	350
Crisped Lamb Hot Bean Sauce Shredded lamb crisp fried and tossed with hot bean sauce	450
Shredded Lamb Ginger Onion / Capsicum Shredded lamb cooked in soya sauce, ginger and onion or capsicum	430
Minced Lamb with Tofu Minced lamb fried and cooked with fresh tofu	430

Dynasty Specials

Crab Claws Fresh Crab Claws dipped in batter and golden fried and served with the sauce of your choice.	825
Crab Claws Pepper Onion Fresh Crab Claws fried and tossed with minced onion, pepper and chilli	825
Chicken Steak Breast of chicken fried and cooked in Cantonese / Peking or pepper onion sauce	425
Beef Steak Slabs of tenderloin of beef, fried and cooked in Cantonese / Peking or pepper onion sauce	385
Pork Steak Slabs of tenderloin pork fried and cooked in Cantonese / Peking or pepper onion sauce	385
Fish Steak Fillet of fish deep fried and cooked in Cantonese / peking or pepper onion sauce	600
Mandarin Fish Fillet of fish deep fried and topped with Mandarin Sauce	600
Steamed Fish Chef's Special steamed fillet of fish	825
Chicken Momo Tasty minced chicken wrapped in flour wrappers in half moon shaped, steamed and served with red chilli sauce	420
Vegetable Momo Tasty assorted wrapped in flour wrapper in moon shaped and steamed and served with red chilli sauce	385
Chai "Vegetables" Combination of vegetables, mushrooms, bamboo shoots, bean sprouts, celery etc. tossed with bean thread	340



Beverages

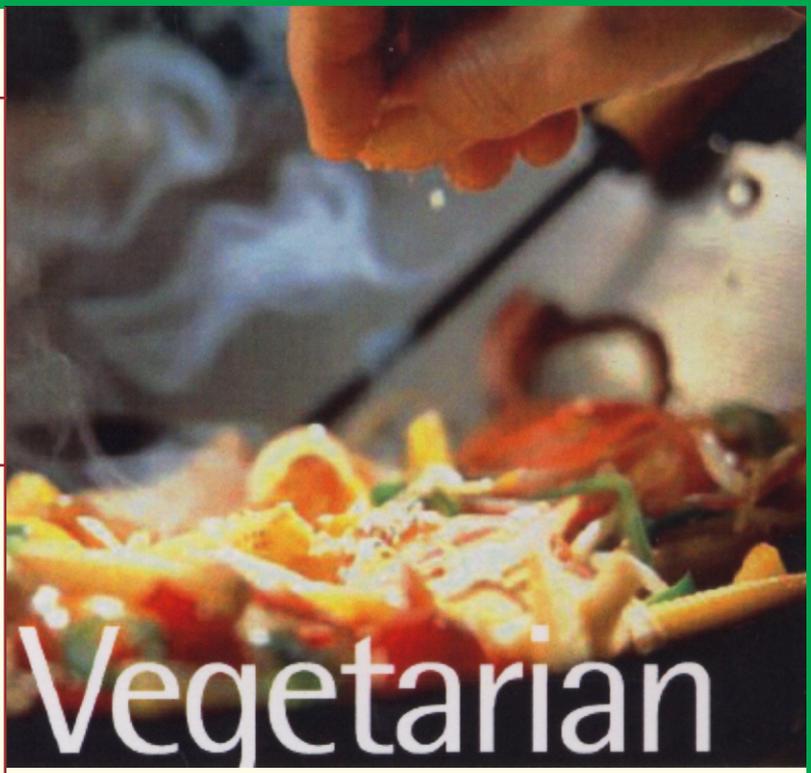
Seasonal Fresh Fruit Juice	100
Soft Drinks	45
Red Bull energy Drink	60
Fresh Lime Soda	60
Chinese Tea	100
Mineral Water	45

Desserts

Lychees Plain	
Lychees with Ice Cream	
Caramel Custard	
Darsan	175
Date Pancake with Ice Cream	175
Date Pancake	135
Date Fried Wanton	135

Appetizers

Dynasty Vegetable Salad	170
Cubes of garden fresh vegetables, carrot, cucumber and beetroot marinated in sweet and sour dressing	
Vegetable Spring Rolls	280
Vegetables rolled in Chinese Pancake, deep fried and served with garlic sauce	
Vegetable Dragon Rolls	280
Mini roll stuffed with minced vegetables	
Fried Wanton	280
Minced vegetables enveloped in Chinese pastry and crisp fried, served with garlic sauce	
Baby Corn Pepper Salt	320
Tender Baby Corn fried and tossed with minced onion, pepper and red chilli	
Mushroom Pepper Salt	320
Fresh Mushroom deep fried and tossed with minced onion, pepper and red chilli	
Fried Vegetable Green Chilli	280
Crisp fried vegetables sauteed with spicy sauce	
Fried Onion Rings	280
Batter Fried onion rings served with garlic sauce	
Tofu Pepper Onion	340
Home made tender bean curd tossed with minced onion, pepper and red chilli	
Spicy Potato	280
Sticks of potato fried and tossed in Chinese spicy sauce	



Vegetarian

Soups

Dynasty Vegetable Soup	190
Semi-thick soup with vegetables, black mushroom and bamboo shoots	
Sweet Corn Veg / Mushroom	190
Thick Soup made of whole / mashed corn and vegetables of your choice	
Vegetable Wonton Soup	190
Minced vegetables stuffed in noodles pastry and served in clear soup	
Vegetable Rice Stick Tofu Soup	190
Clear Soup with Vegetables, Rice Stick and home made tofu	
Sour & Pepper Vegetable Soup	190
Sour and spicy soup with vegetables, bamboo shoots and topped with red chilli oil	
Tomato Soup	190
Fresh thick tomato soup.	
Vegetable Tom Yum Soup	190
Spicy and lemon flavoured vegetable clear soup	
Vegetable Talumein Soup	190
Semi-thick soup with sliced vegetables, black mushroom, bamboo shoot in soya been flavour	
Tofu Spinach / Tomato Soup	190
Semi-thick soup with diced tofu or tomato	
Vegetable Manchow Soup	190
Thick soup made of minced veg. and chillies	

Non Vegetarian Selection

Appetizers

Non-veg Spring Rolls Your choice of chopped meat rolled in Chinese pancake, deep-fried and served with garlic sauce	320
Dragon Rolls Mini rolls stuffed with minced chicken	370
Kai Chi Tender chicken winglets marinated in soya sauce, deep fried and served with garlic sauce	370
Kontagai Chicken Tender Chicken winglets marinated in soya sauce and deep fried tossed with hot bean sauce	370
Dragon Prawns Tiger prawns sauteed with red chilli sauce and garnished with cashew nuts	605
Golden Fried Prawns Tiger prawns dipped in batter and golden - fried	600
Butterfly Fried Prawns Crumb fried fresh prawns	600
Crispy Chicken Crumb fried chicken with bone	370
Lolly Pop Chicken Fresh chicken drum sticks sauteed with sweet and spicy sauce	370
Chicken Satay 'Q' Skewered chicken cooked in special sauce	370
Chicken Fried Wanton Minced chicken enveloped in Chinese noodle pastry	340
Prawn Fried Wanton Minced prawns enveloped in Chinese noodle pastry	350
Pork Spare Ribs Spare ribs of farm pork roasted, deep fried and cooked in home made hot bean sauce	430
Dragon Chicken Shredded chicken sauteed with red chilli sauce and garnished with cashew nuts	490

Soups

Dynasty Special Chicken Soup Chef's special thick soup served with shredded vegetables and chicken	200
Sweet Corn Chicken / Crab Soup Thick soup made of whole/mashed corn and minced Chicken or crab meat	200
Fish Ball Tofu Soup Fish balls served in clear soup and garnished with soft tofu	200
Sour & Pepper Chicken / Crab Soup Sour and spicy soup with chicken or crab meat, vegetables, mushroom, bamboo shoots and topped with red chilli oil	200
Chicken Wanton Soup Minced chicken stuffed in noodles pastry served in clear soup	200
Rice Stick Tofu Soup Clear soup with Vegetable, Ribbon rice noodles and homemade tofu and meat of your choice	200
Tomato Egg Drop Soup Fresh Tomato clear or thick soup with egg drop	200
Chicken Tom Yum Soup Spicy and lemon flavoured chicken clear soup	200
Chicken Manchow Soup Thick Soup made of minced chicken, veg. and chillies	200
Chicken Talumein Soup Semi-thick soup with sliced chicken, vegetables, black mushroom, bamboo shoot in soya been flavour	200
Chicken Tofu / Chicken Spinach Soup Semi-thick soup with minced chicken, with tofu or spinach	200
Sea Food Thick / Clear Soup Minced fish, prawns and crabmeat in thick or clear soup	220

Fuyong

Vegetable Fuyong Pancake of eggs and shredded vegetables	280
Fuyong Pancake of eggs, vegetables and the choice of your meat	315
Egg Chilli Sauce Fried eggs cooked in Chinese and red chilli sauce	280

Rice - Noodles - Chopsuey

Vegetable Fried Rice	305
Fluffy rice sauteed with tiny cube of vegetables	
Ginger Garlic Fried Rice	305
Fluffy rice sauteed with tiny cubes of vegetables, minced ginger & garlic	
Vegetable Szechwan Fried Rice	305
White rice sauteed with tiny cube of vegetables and fried in spicy szechwan sauce	
Dynasty Vegetable Combo Rice	375
White rice topped with fresh sliced vegetables in special white sauce	
Vegetable Maimein	375
Pan-fried noodles topped with fresh sliced vegetables in Chinese sauce	
Vegetable Kway Teow	310
Soft flat noodles sauteed with shredded vegetables	
Vegetable Singapore Noodles	310
Soft noodles with shredded vegetables, sauteed with sweet and spicy sauce	
Vegetable Hakka Noodles	310
Semi panfried noodles sauteed with vegetables and soya	
Vegetable Mee Hoon	330
Soft rice noodles sauteed with shredded vegetables	
Vegetable Chow Mein	330
Fresh shredded vegetables cooked in white soya sauce and served on pan-fried noodles	
Vegetable Soft Noodles	310
Soft noodles sauteed with fresh shredded vegetables	
Vegetable American Chopsuey	385
Golden fried noodles topped with shredded vegetables in a tomato-base sauce	
Vegetable Chinese Chopsuey	385
Golden fried noodles topped with sliced vegetables	
Thai Vegetable Curry (Steamed Rice)	385
Mixed vegetables cooked with coconut milk, lemon flavoured curry masala served with white rice	

Accompaniments

Vegetable Satay 'Q'	330
Skewered vegetables cooked in special sauce	
Sweet and Sour Vegetables	280
Diamond shaped vegetables cooked in authentic sauce	
Tofu N Baby corn	340
Tofu and Baby Corn with the sauce of your choice	
Spicy Black Bean Tofu	340
Diced tofu tossed with Chinese black beans and chillies	
Chinese Cabbage Tofu	340
Home made tofu with Chinese cabbage in white sauce	
Phak Choy Oyster Sauce	340
Chinese Cabbage tossed with vegetarian oyster sauce	
Egg plant in Hot Garlic / Chilli Sauce	280
Choicest Eggplant cooked in garlic / chilli sauce	
Vegetable Cashewnuts	280
Diamond cut vegetables sauteed with cashewnuts and cooked in chopped celery	
Cauliflower Manchurian	280
Deep fried cauliflower seasoned with ginger, garlic, celery, coriander and minced chillies	
Sweet and Spicy Cauliflower	280
Fresh cauliflower cooked in honey and chilli sauce	
Vegetable Balls Manchurian	280
Deep fried vegetable balls, seasoned with ginger, garlic, celery, coriander and minced chillies	
Okra Pepper Salt	280
Tender ladies finger fried and tossed with minced onion, pepper and red chilli	

The Yin and Yang of Food

Elemental balance in food can be achieved through use of colors. A plate full of monochromatic food can look pretty bland probably wouldn't get a seal of approval from a dietitian either (they usually advise a plate full of many different colors.) So a stir-fry made with yellow bell peppers, green bell peppers, orange bell peppers, red tomatoes, Chinese purple eggplant, and some pink shrimp would be a much better Feng Shui choice.